



8 DAY DEVOTIONAL

BROKEN FOR YOU, SHED FOR YOU

THE GIFT OF HOLY COMMUNION

by M. Basilea Schlink



*Every time we come to the Lord's Table,
we remember that love made a way,
grace prepared the feast, and mercy opened the door.*



COME TO
THE TABLE



FORGIVENESS
SEALED IN LOVE



PREPARING
THE HEART



STRENGTH FOR
THE JOURNEY



ABIDING IN
CHRIST



THE LOVE
FEAST



THE GREAT FEAST
TO COME

© 2026 Evangelical Sisterhood of Mary,
Canaan of God's Comfort, Australia

www.marysisters.org.au

DAY 1

COME TO THE TABLE

Scripture

*“Come, for everything
is now ready.”*

Luke 14:17

Devotional

Holy Communion begins with an invitation.

Not a ritual requirement.

Not a religious duty.

An invitation.

Jesus Himself says, Come.

How remarkable that the King of heaven prepares a place for us—not because we deserve it, but because He loves us.

When Jesus shared the Last Supper with His disciples, He said, “I have eagerly desired to eat this Passover with you” (Luke 22:15). These words reveal His heart. Holy Communion is not something distant or merely symbolic. It is deeply personal. Jesus desires fellowship with His people.

And still today, He invites us.

So often, sacred things become familiar. We attend church, observe tradition, and participate outwardly, yet lose sight of the wonder: Christ Himself is calling us to His table.

He invites the weary.

The burdened.

The broken.

The repentant.

Those who know their need of Him.

Holy Communion is not for those who believe they have no need of grace. It is for those who come hungry for Jesus.

At His table, we are reminded that love made a way.

Grace prepared the feast.

Mercy opened the door.

The greatest tragedy is not our unworthiness—
it is ignoring His invitation.

Today, hear His voice personally.

He is not issuing a general announcement to a crowd.

He is calling you.

Come with your weariness.

Come with your questions.

Come with your failures.

Come with your longing.

Everything is ready.



Reflection

*Have I allowed familiarity
to dull my wonder at
Jesus' invitation?*



Prayer

*Lord Jesus, thank You for
inviting me to Your table.
Forgive me for the times I have
approached Holy Communion
without wonder or gratitude.
Awaken fresh hunger in my
heart to meet with You. Amen.*

Everything is ready.

DAY 2

FORGIVENESS SEALED IN LOVE

Scripture

Luke 22:19–20



HIS MERCY IS REAL.
HIS SACRIFICE IS ENOUGH.
HIS FORGIVENESS IS COMPLETE.

Devotional

Few words bring greater comfort than these: *You are forgiven.*

Yet forgiveness is never cheap.

Holy Communion places before us the cost of grace.

The bread reminds us of Christ's body broken for us.

The cup reminds us of His blood shed for us.

Here, we do not remember an abstract idea.

We remember a sacrifice.

Jesus willingly took our place.

He bore our sin.

He carried our shame.

He endured the judgment we deserved.

How often believers continue carrying guilt long after

Christ has paid the price. Memories accuse.

Shame lingers. The enemy whispers condemnation.

But Holy Communion speaks a better word.

It reminds us that forgiveness is not based on our feelings, our performance, or our ability to make amends. It rests entirely upon Jesus' finished work at Calvary.

At the Lord's Table, we are invited to receive again the assurance of His mercy.

This does not make sin small.

It makes grace astonishing.

The cross tells us both truths at once:

our sin was serious,

and His love was greater.

When we come in repentance and faith, we do not come hoping Christ may forgive us.

We come because He already has made forgiveness possible through His sacrifice.

Let the bread and cup remind you today:

His mercy is real.

His sacrifice is enough.

His forgiveness is complete.



Reflection

Am I carrying guilt that Jesus has already paid for?



Prayer

Lord Jesus, thank You for Your broken body and shed blood. Help me to receive the full assurance of Your forgiveness and walk in the freedom You purchased for me. Amen.

DAY 3

PREPARING THE HEART

Scripture

1 Corinthians 11:28

“Everyone ought to examine themselves before they eat of the bread and drink from the cup.”



THE LORD'S TABLE IS A
PLACE OF JOY—BUT TRUE
JOY GROWS IN HONEST HEARTS.

Devotional

Holy Communion is a feast of grace—but grace never invites pretence.

Jesus welcomes sinners, but He calls us to come honestly.

Scripture urges us to examine our hearts before approaching the Lord's Table. This is not meant to create fear or distance. It is an invitation to truth.

Holy Communion is not for the perfect.
It is for the repentant.
The humble heart.
The honest heart.
The heart willing to come into the light.

Repentance is not punishment—it is mercy.

It is the freeing moment when we stop hiding, stop excusing, and bring our hearts openly before God.

Perhaps there is resentment you have justified.
A wound you have refused to surrender.
A compromise you have kept hidden.
A prideful attitude you have ignored.

Jesus does not expose us to shame us.
He reveals what is hidden so He can cleanse and restore us.

Preparing for Holy Communion is not about trying to make ourselves worthy.

We could never do that.

It is about coming with sincerity, humility, and a willingness to be searched by the Holy Spirit.

The Lord's Table is a place of joy—but true joy grows in honest hearts.



Reflection

What is the Holy Spirit asking me to bring into the light?



Prayer

Lord Jesus, search my heart and reveal anything that stands between us. Grant me true repentance and prepare me to come before You with honesty, humility, and faith. Amen.

DAY 4

THE INVITATION STILL STANDS

Scripture

Revelation 22:17

*“Let the one who
is thirsty come.”*



THE LORD'S TABLE IS NOT
A REMINDER OF EXCLUSION—
IT IS A TESTIMONY OF INVITATION.



Devotional

One of the most beautiful truths about Jesus is this:
His invitation remains open.

Again and again, He says:
Come.

Not only when life is going well.
Not only when your faith feels strong.
Not only when you feel spiritually prepared.

His grace is not reserved for your best moments.

How often we delay responding to Him.

We think:
I'll come later.
When life settles down.
When I feel stronger.
When I've sorted myself out.

But Jesus does not ask us to make ourselves ready
before coming.
He says everything is already prepared.

That is the wonder of grace.

Holy Communion reminds us that the work of
salvation has already been accomplished. Christ has
made the way.

The enemy would gladly keep us distracted, hesitant,
or spiritually indifferent. Anything to keep us from
responding to the love of Jesus.

But His voice continues to call.

If your heart feels dry, come.
If your soul feels weary, come.
If your faith feels weak, come.

The thirsty are welcomed.

Jesus is not waiting with condemnation.
He is waiting with love.



Reflection

*Have I delayed responding
to Jesus' invitation?*



Prayer

*Lord Jesus, thank You that
Your invitation still stands.
Break through every
hesitation in my heart and
draw me near again with
fresh desire to meet with
You. Amen.*

DAY 5

STRENGTH FOR THE JOURNEY

Scripture

Matthew 11:28

*“Come to me, all you who
are weary and burdened,
and I will give you rest.”*

STRENGTH IS FOUND
IN NEARNESS TO CHRIST.

Devotional

Life has a way of draining us.

Spiritual battles exhaust us.

Disappointments weigh heavily.

Temptations wear us down.

Grief weakens the heart.

Even faithful service can leave us depleted.

Jesus knows this.

That is why He does not simply tell us to persevere in our own strength. He invites us to come to Him.

Holy Communion reminds us that Christ is not merely a distant helper offering advice. He offers Himself.

At His table, we remember that our spiritual life is sustained not by determination, discipline, or human effort alone—but by living fellowship with Jesus.

How often we seek strength elsewhere.

We push harder.

We become self-reliant.

We look for quick relief.

We attempt to carry burdens never meant to be ours.

Yet Jesus says, Come.

Come with your weariness.

Come with your hidden struggles.

Come with the battles no one else sees.

He is our rest.

He is our strength.

He is our sustaining life.

Holy Communion draws us back to this truth: we are not meant to live apart from His life within us.

The Christian journey cannot be walked in self-sufficiency.

Strength is found in nearness to Christ.

When we come to Him in faith, weary hearts are renewed, burdened souls are refreshed, and grace becomes strength for the road ahead.



Reflection

*Where have I been relying
on my own strength
instead of Christ's?*



Prayer

*Lord Jesus, I bring my
weariness to You. Strengthen
my heart, renew my soul,
and teach me to depend
fully upon Your life within
me. Amen.*

DAY 6

ABIDING IN CHRIST

Scripture

John 6:56

*“Whoever eats my flesh
and drinks my blood
remains in me, and I in them.”*

Devotional

The deepest gift of Holy Communion is not merely comfort, renewal, or spiritual encouragement.

It is Jesus Himself.

How easily we seek the gifts of God while forgetting the Giver.

We ask for peace.

Healing.

Strength.

Guidance.

Provision.

And Jesus graciously gives.

But His greatest invitation is more intimate than any blessing.

He invites us into communion with Himself.

This is the heart of Holy Communion.

Not simply remembering Christ.

Receiving Him.

Not merely reflecting on His love.

Abiding in His presence.

Christian life is not sustained by religious activity alone.
It flows from living union with Jesus.

Holy Communion is a sacred reminder that Christ desires more than occasional attention from us.

He desires fellowship.

Nearness.

Abiding.

Love.

He comes not as a distant King only,
but as the Bridegroom of our souls.

How often we become occupied with Christian duties
while neglecting personal closeness with Jesus.

Yet His invitation remains tender and deeply personal.

Come near.

Remain in Me.

Let Me dwell in you.

Holy Communion calls us beyond routine observance
into holy intimacy.

The greatest treasure at the Lord's Table is Christ Himself.



Reflection

*Am I seeking Jesus Himself,
or mostly what He can
give me?*



Prayer

*Lord Jesus, thank You for
offering not only Your
blessings, but Yourself.
Draw me into deeper
fellowship with You, and
teach me to abide in
Your love. Amen.*

THE GREATEST TREASURE
AT THE LORD'S TABLE
IS CHRIST HIMSELF.

DAY 7

THE LOVE FEAST

Scripture

1 John 4:11

*“Since God so loved us,
we also ought to
love one another.”*



HIS BLOOD UNITES
BELIEVERS IN ONE FAMILY.

Devotional

Holy Communion has long been understood as a feast of divine love.

At the Lord's Table, we remember the greatest act of love ever shown: Jesus giving Himself completely for us.

But His love was never meant to stop with us.

It must overflow.

When we truly receive the love of Christ, our hearts cannot remain unchanged.

Pride begins to soften.

Bitterness loses its grip.

Resentment becomes harder to justify.

Forgiveness becomes possible.

The grace we receive calls us to extend grace.

This is not always easy.

Some wounds run deep.

Some betrayals leave lasting pain.

Some relationships feel complicated beyond repair.

Yet Holy Communion reminds us that we ourselves have received immeasurable mercy.

How can we receive Christ's forgiveness while refusing to extend forgiveness where He asks it of us?

The Lord's Table is personal—but never isolated.

We come not only as individuals,
but as members of Christ's body.

His blood unites believers in one family.

Holy Communion calls us into reconciliation,
humility, and love.

As we remember His sacrifice,
may our hearts become more like His.



Reflection

*Is there someone I need
to forgive, reconcile with,
or love more intentionally?*



Prayer

*Lord Jesus, fill my heart
with Your love. Heal every
place of bitterness, soften
what has grown hard, and
teach me to extend the
grace I have received. Amen.*

DAY 8

THE GREAT FEAST TO COME

Scripture

Revelation 19:9

“Blessed are those who are invited to the wedding supper of the Lamb!”



EVERY TIME WE COME TO
THE LORD'S TABLE, WE
REMEMBER THAT SOMETHING
GREATER STILL AWAITS.

Devotional

Every celebration of Holy Communion points beyond the present moment.

Beyond this world.
Beyond present struggles.
Beyond earthly worship.

It points to eternity.

One day, faith will become sight.

One day, we will no longer remember Christ's sacrifice through bread and cup—we will stand in His glorious presence face to face.

Holy Communion is a foretaste of that coming joy.

A whisper of eternity.
A glimpse of perfect fellowship.
A promise that history is moving toward fulfilment.

The Christian life is not merely about enduring this world. It is about preparing for another.

Jesus has invited us not only to His table now, but to the eternal Marriage Supper of the Lamb.

What astonishing grace.

We are not forgotten.
Not overlooked.
Not excluded.

Invited.
By the King Himself.

This changes how we live.

We hold earthly things more lightly.
We persevere with hope.
We long for His appearing.
We remember that our story ends in joy.

Every time we come to the Lord's Table, we remember that something greater still awaits.



Reflection

Am I living with eternity in view?



Prayer

Lord Jesus, thank You for the promise of eternal fellowship with You. Keep my heart fixed on eternity and deepen my longing for the day I will see You face to face. Amen.