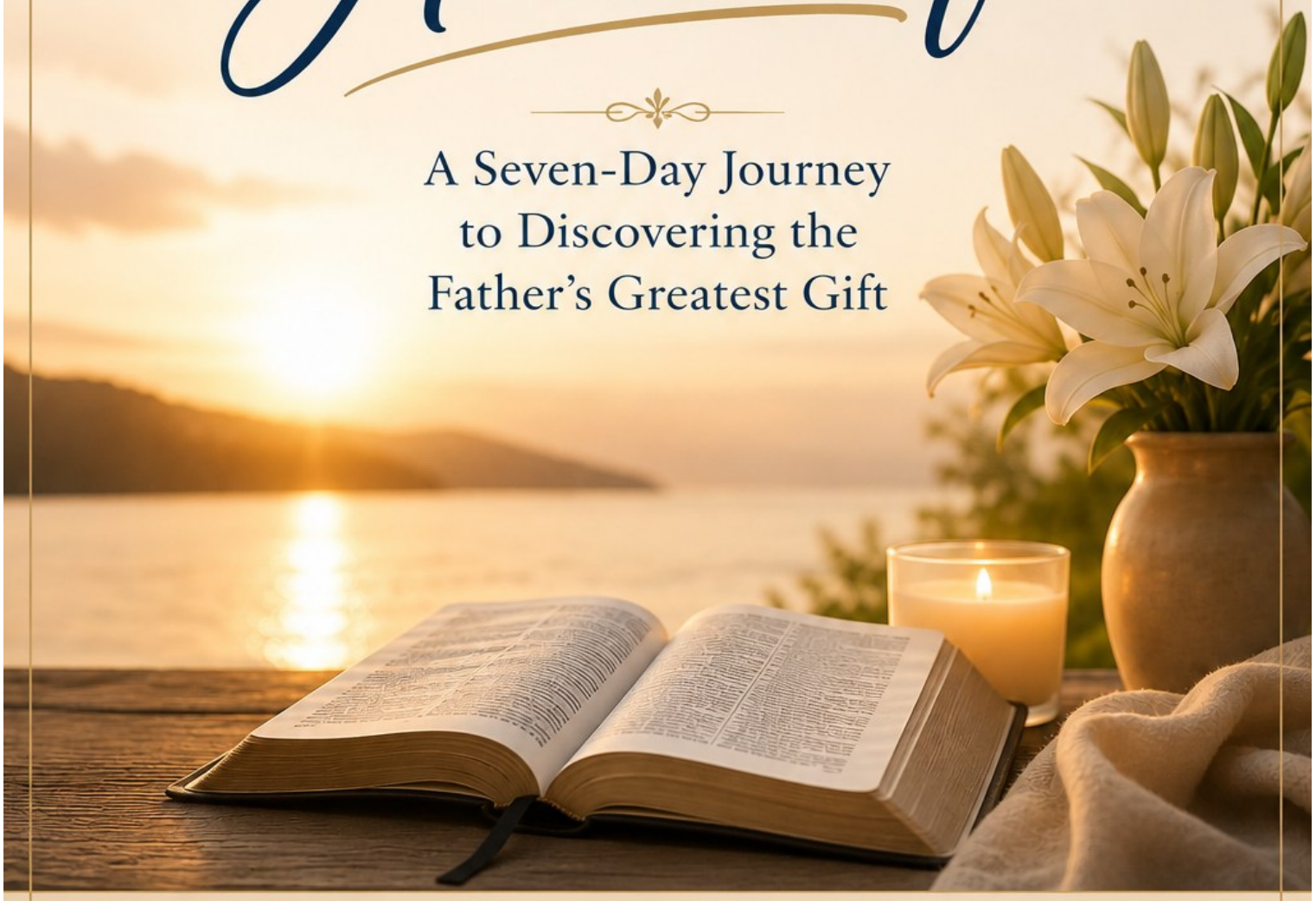
He Gave Me Himself

A Seven-Day Journey
to Discovering the
Father's Greatest Gift



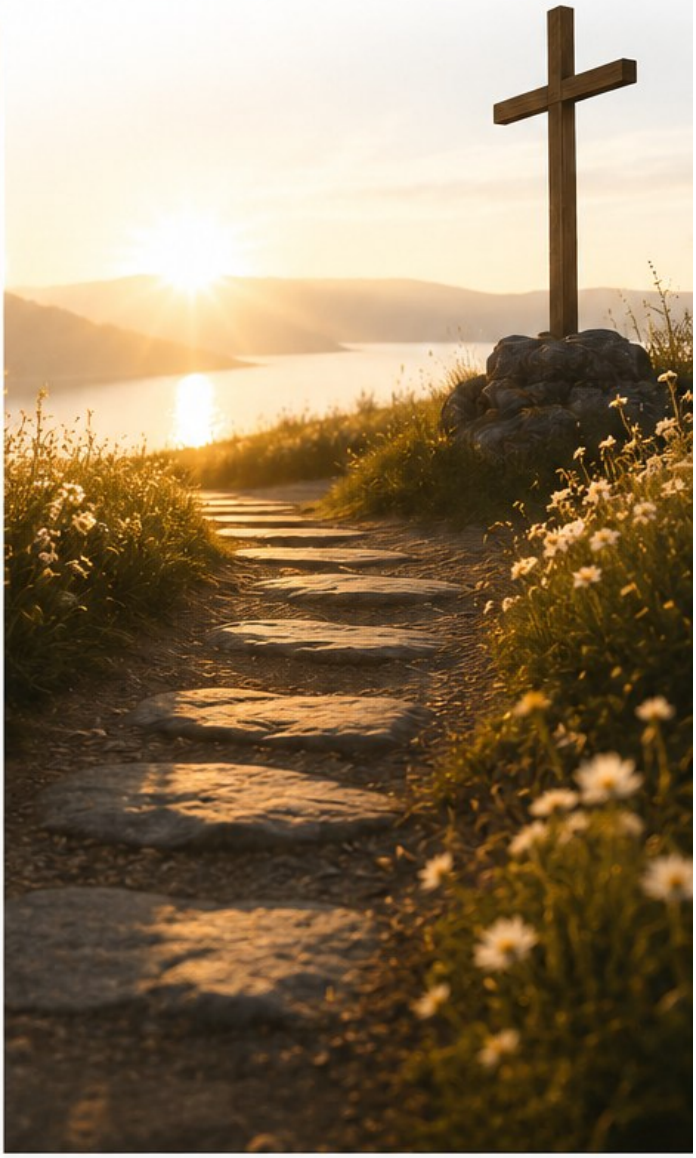
A DEVOTIONAL FROM THE
EVANGELICAL SISTERHOOD OF MARY

*"For from Him and through Him and for Him are all things.
To Him be the glory forever. Amen." — Romans 11:36*

DAY 1 The Pathway or the Destination?

For from Him and through Him
and for Him are all things.
To Him be the glory forever. Amen.

ROMANS 11:36



REFLECTION

We often ask God to reveal His will because we long to know where He is leading us. Yet His greatest purpose is not simply to show us the next step but to draw us into a deeper relationship with His Son. Before God reveals a destination, He desires to reveal Jesus.

REFLECTION QUESTIONS

- Are you seeking God's direction more than His presence?
- What occupies your thoughts most at the moment—finding answers or knowing Jesus more deeply?
- In what ways might God be inviting you to trust Him, even before He reveals the next step?

PUTTING IT INTO PRACTICE

Set aside ten minutes today with no agenda other than being with Jesus. Resist the temptation to ask Him for guidance straight away. Instead, thank Him for who He is and simply enjoy His presence.

PRAYER

Lord Jesus, forgive me for the times I have pursued Your gifts more than I have pursued You. Help me to seek Your heart before I seek Your direction. Lead me ever more deeply into communion with You. Amen.

TAKE THIS VERSE WITH YOU TODAY

"For from Him and through Him and for Him are all things."

ROMANS 11:36

DAY 2 Called to a Person

"Come, follow Me,"
Jesus said, "and I will send
you out to fish for people."

MATTHEW 4:19



REFLECTION

Before we are called to a ministry, vocation or service, we are called to Jesus. His first invitation to the disciples was not to a task or a plan, but simply, "Follow Me." Every calling is only valuable because it leads us into a closer relationship with Him.

REFLECTION QUESTIONS

- Is your relationship with Jesus the most important part of your Christian life?
- Do you sometimes become so focused on what Jesus has called you to do that you forget to simply follow Him?
- In what ways is Jesus inviting you to draw closer to Him today?

PUTTING IT INTO PRACTICE

Begin each task today by saying quietly to Jesus, "I am Yours. Lead me." Ask Him to be the centre of everything you do.

PRAYER

Jesus, thank You that Your first invitation to me is to follow You. Help me to cherish Your presence above every task and to walk closely with You today. Amen.

TAKE THIS VERSE WITH YOU TODAY

"Come, follow Me,"
Jesus said, "and I
will send you out
to fish for people."

MATTHEW 4:19

DAY 3 When God Changes Us Instead

"He predestined us to be conformed to the image of His Son."

ROMANS 8:29



REFLECTION

God's deepest desire is to shape us into the likeness of Jesus. He is more committed to our transformation than to our comfort. Instead of asking God only to change our circumstances, we learn to invite Him to change us from the inside out.

REFLECTION QUESTIONS

- Are you asking God to change a situation that He may be using to change you?
- What areas of your character does God seem to be working on right now?
- How might your life look different if you trusted God's transforming work in you more than His timing in changing your circumstances?

PUTTING IT INTO PRACTICE

Choose one area where you sense God is inviting you to grow. Ask Him for the grace to welcome His work in that area this week. Thank Him that He is making you more like Jesus, even when it is not easy.

PRAYER

Father, I surrender to Your loving work in me. Change me into the likeness of Jesus. Help me to trust You completely, even when I do not understand what You are doing. Amen.

TAKE THIS VERSE WITH YOU TODAY

"He predestined us to be conformed to the image of His Son."

ROMANS 8:29

DAY 4 The Daily Way of the Cross

"Whoever wants to be
My disciple must deny themselves
and take up their cross daily
and follow Me."

LUKE 9:23



REFLECTION

Following Jesus is not always dramatic. It is often a daily choice to say "yes" to Him in the ordinary moments of life. The cross is not just a one-time decision; it is carried day by day through acts of obedience, forgiveness, humility and love. In these simple choices, Christlikeness is formed within you.

REFLECTION QUESTIONS

- What "daily crosses" might Jesus be asking you to carry at this time?
- Are there areas where you find it hard to obey, forgive or serve?
- How can these ordinary acts of faithfulness help you grow more like Jesus?

PUTTING IT INTO PRACTICE

Look for one specific way today that you can deny yourself and show love to someone else —whether in your home, workplace or community. Do it for Jesus, not for recognition.

PRAYER

Lord Jesus, help me take up my cross daily and follow You. Give me the strength to say "yes" to You in the small, hidden and ordinary places of life. Shape me more and more into Your likeness. Amen.

TAKE THIS VERSE WITH YOU TODAY

"Whoever wants to be
My disciple must deny themselves and take up their cross daily and follow Me."

LUKE 9:23

DAY 5 Every Surrender Is an Exchange

"If anyone would come after Me, let him deny himself and take up his cross daily and follow Me."

LUKE 9:23



REFLECTION

When we surrender something to Jesus, we are not losing—it is an exchange. We may give up our own plans, desires or comforts, but in return we receive something far greater: more of Him. Surrender is not the end of our joy; it is the doorway to a deeper, richer life in His presence.

REFLECTION QUESTIONS

- Is there something you are afraid Jesus might ask you to surrender?
- What makes it difficult for you to trust Him with that area of your life?
- How would your perspective change if you believed that every surrender makes more room for Jesus Himself?

PUTTING IT INTO PRACTICE

Ask the Holy Spirit to reveal one area of your life that you are holding tightly. Write it down and place it before the Lord in prayer, saying, "Jesus, I trust You with this because I believe You are greater than every gift."

PRAYER

Jesus, You are worth more than anything I could ever hold onto. Help me to surrender what I cannot keep so that I may receive more of You. Teach me to trust Your perfect exchange—Your will for my life and more of Your presence in my heart. Amen.

TAKE THIS VERSE WITH YOU TODAY

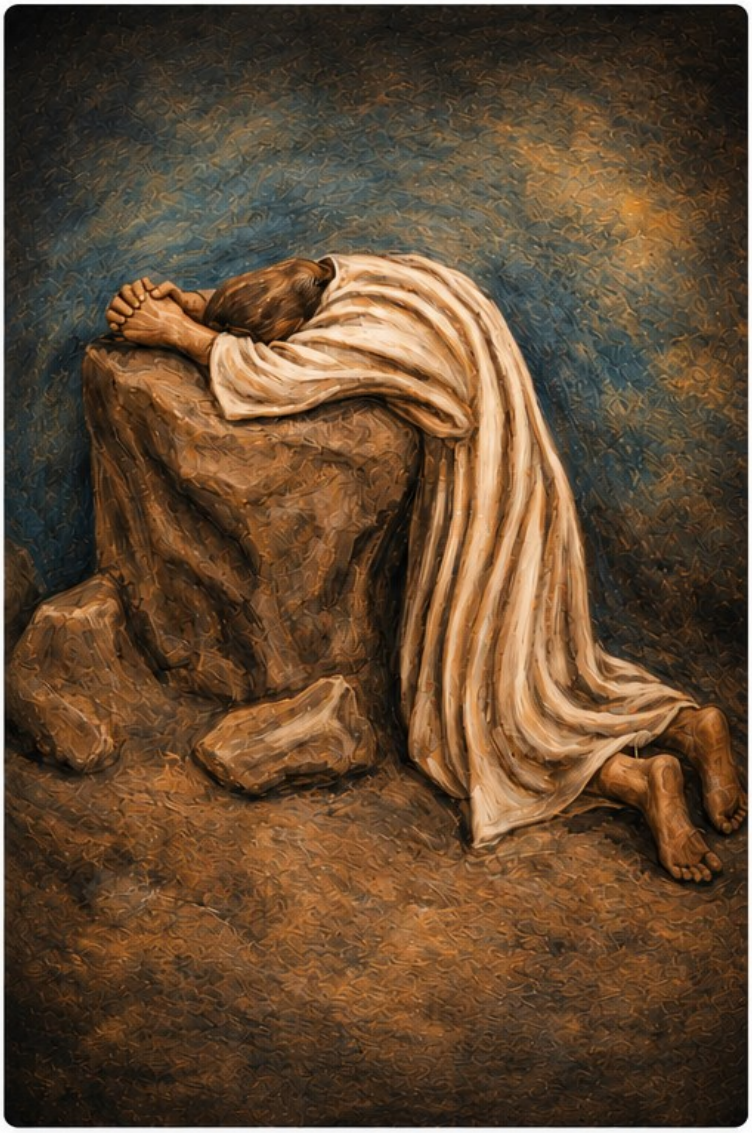
"If anyone would come after Me, let him deny himself and take up his cross daily and follow Me."

LUKE 9:23

DAY 6

Grace to Keep Going

"My grace is sufficient for you,
for My power is made perfect in weakness."
2 CORINTHIANS 12:9



REFLECTION

Following Jesus is not about having all the strength we need. It is about relying on the grace He gives us—one day at a time. There will be moments of weakness, discouragement and weariness. But Jesus never asked us to carry the cross in our own strength. His grace is enough for today, and His power is made perfect in our weakness.

REFLECTION QUESTIONS

- Where in your life do you feel weak or unable to keep going?
- How does it encourage you to know that Jesus' grace is sufficient for you?
- What helps you to rest in His grace when the journey feels hard?

PUTTING IT INTO PRACTICE

Today, when you feel weak or overwhelmed, pause and pray, "Lord, I need Your grace." Take one small step of obedience and trust Him to give you the strength for today.

PRAYER

Jesus, thank You that Your grace is enough for me. When I feel weak, remind me that Your power is made perfect in my weakness. Help me to trust You each day and to keep walking with You. Strengthen me by Your grace to carry my cross and follow You everywhere. Amen.

TAKE THIS VERSE WITH YOU TODAY

"My grace is sufficient for you, for My power is made perfect in weakness."

2 CORINTHIANS 12:9

DAY 7

The Joy of Following Him

"You make known to me the path of life;
in Your presence is fullness of joy;
at Your right hand are pleasures forevermore."

PSALM 16:11



REFLECTION

The cross was never the end of the story. Because Jesus rose, we can walk in new life, forgiven, healed and led by Him. Following Jesus may cost us something, but the joy He gives is deeper and lasts forever. In His presence, we find peace for today and hope for tomorrow. The path of life He shows us is the best journey we could ever take.

REFLECTION QUESTIONS

- What does it mean to you that Jesus' presence brings fullness of joy?
- How has following Jesus changed the direction of your life?
- What are you most looking forward to as you continue this journey with Him?

PUTTING IT INTO PRACTICE

Today, celebrate what Jesus has done for you. Take time to thank Him for His love, forgiveness and guidance. Choose one way you can follow Him more closely this week and take that step with joy.

PRAYER

Jesus, thank You for showing me the path of life and for the joy of being with You. I am grateful for Your love, Your forgiveness and Your faithfulness. Help me to keep following You with all my heart and to walk in the joy of Your presence every day. Amen.

TAKE THIS VERSE WITH YOU TODAY

"You make known to me
the path of life;
in Your presence is fullness of joy;
at Your right hand are
pleasures forevermore."

PSALM 16:11