



# Christmas 2025

## Light for a Troubled World

### A Christmas Message for Our Community

At Christmas, even in a busy and divided world, something in us still pauses. Lights appear in the streets. Old songs return. We gather with family and friends, or we remember those who are missing. For a moment, we sense that Christmas is about more than shopping or tradition — that it carries a deeper meaning we don't want to lose.

This year has not been easy for many. People are living with uncertainty about the future, financial pressure, global conflict, and a general feeling that life has become faster, louder, and more demanding. It is not surprising that many feel tired, anxious, or disconnected.

The Christmas story begins in a world not unlike our own. When Jesus was born, life was hard and uncertain. People lived under political tension and economic strain. Many felt powerless and overlooked. And it was into that kind of world — not a peaceful or ideal one — that the Christian faith says God chose to come.

**Not as a powerful ruler.**

**Not as a distant idea.**

**But as a child.**

Christians believe that in Jesus, God stepped into human life to share it — with all its beauty and all its pain. The heart of Christmas is not a set of rules or religious demands, but a simple claim: that we are not alone, and that love is stronger than fear.

You do not need to be religious to understand why this story has lasted. It speaks to universal longings — for kindness in a harsh world, for hope when things feel fragile, and for meaning that goes deeper than success or possessions.

At its best, Christmas invites us to slow down, to notice one another, and to choose generosity over indifference. It reminds us that small acts of care still matter, and that light, however gentle, can make a difference in dark places.

Whether or not you share the Christian faith, you are warmly part of this community. This season is an opportunity to extend goodwill, listen more carefully, and look out for one another.

From our community to you, we wish you moments of peace this season, space to breathe, and hope — however quietly it may arrive.

*Have a safe and wonderful Christmas.*

*We will be praying that wherever you are you will experience a special Christmas as never before!*

*The Evangelical Sisters of Mary*